

Greater Glenside Patriotic Association

PRESENTS "Keep the Parade Running":

1st ANNUAL

5K RUN & 1 Mile Walk

Sat, April 14, 2012 - 8 AM - Glenside, PA

LOCATION/REGISTRATION: Starts at the North Penn VFW in Glenside, 2519 Jenkintown Road, Glenside; Registration/number pickup at the VFW starting at 7:00 AM. 5K at 8:00 AM, 1 mile walk immediately follows.

PRE-RACE DAY PACKET PICK-UP: Thursday April 12th & Friday April 13th, 6-8pm in the North Penn VFW lobby.

COURSE: The course winds through the scenic streets of Glenside. Fairly flat course. Roads closed for race.

AMENITIES: "Keep the Parade Running" logo T-shirt to the first 400 registrants; Refreshments for finishers, indoor toilet facilities, ample parking, time clock at finish and instant results (provided by Pretzel City Sports). VFW will be open Saturday AM. Held rain or shine. No refunds or mailed awards. Results on www.pretzelcitysports.com in 5-6 days.

AWARDS: Awards for top 3 overall male & female runners. Age group awards, top male & female.

ENTRY: \$20 if postmarked by March 31, 2012. Afterwards, inc. day of race, \$25 while shirts last, \$15 with no shirt.

MAIL CHECK PAYABLE TO "GGPA" & FORM BELOW TO:

Greater Glenside Patriotic Association, Attn: Keep the Parade Running, PO Box 72, Glenside, PA 19038-0072.

Run Coordinators: Moira McNulty: Mcnulty.maira12@gmail.com and Joy Gillespie: Gillespie.joy12@gmail.com,

Or register on-line at www.signmeup.com/80711

All Proceeds Benefit the Glenside July 4th Parade and Fireworks

www.glensidejuly4thevent.com

.....Please Print Clearly.....

Last name _____ First name _____

Address _____

City/State _____ Zip _____ Race day age: _____ Date of birth ____/____/____

Race (circle one): 5K Walk Sex: M F Phone: (____) _____ A.M. or P.M.

Shirt Size (circle one): S M L XL email _____@_____

Already Getting Emails from Pretzel City Sports Regularly?? _____ Yes _____ No

Waiver and Release: the undersigned (over age 18) intending to be legally bound, do hereby waive and release all rights, claims, demands, and/or causes against Greater Glenside Patriotic Association, North Penn VFW of Glenside, Keep the Parade Running, and all other race sponsors for any personal injury which I might sustain during the race, immediately known to me or hereafter discovered and for any and all other damages to losses which I might incur now or in the future arising from or out of my participation in this race, and on my travel to and from this race. I verify that I am physically fit and have trained sufficiently. Permission is granted to use my photograph and name for any and all purposes.

Signature _____ Date ____/____/ 2012